



BECKET FAMILY CAMP 2018

PROGRAM GUIDE

Break out your sunscreen and songbooks Becket Family Camp is almost here again! Here's some information to get you ready for this upcoming program.

We have some exciting new additions this year! Not only did we just build a beautiful new dining hall but we have also hired a new Program Coordinator; **Kayleigh Lutz** who is greatly looking forward to her 1st year being apart of Becket Family Camp! Before moving to Becket to be a Program Coordinator for Berkshire Outdoor Center, Kayleigh has been running school and family programs in the Berkshires, New Zealand and Australia. She can't wait to interact with returning and new families during Family Camp 2018!

ARRIVAL INFORMATION

Please arrive at Camp Becket between 3:00 PM and 5:30 PM on Monday, August 20th, 2018. Staff will meet you at Moose Field (just inside the entrance of Camp Becket) for check-in. Please be very careful not to drive on the grass when moving in. We ask that you not arrive before 3:00 PM since we are cleaning and resetting camp after our resident camp session has ended. Please proceed to Paul Dudley White (Becket's Old Dining Hall) at Camp Becket to complete check-in procedures and receive a schedule for the week.

For After-Hours Directions, please call Kayleigh on her cell phone (413) 717-7282.

NEW DINING HALL COMPLETION

The new dining hall for Camp Becket is complete! This new building is located on the former lacrosse field behind Frontier Village. All of our meals will be held in the new dining hall however, check-in as usual will be located at the old dining hall Paul Dudley White.

BACKGROUND CHECK

Becket-Chimney Corners YMCA will be performing a RAPTOR background check on all adult visitors to our facilities. We will pre-screen anyone who has provided us with their full name and date of birth. RAPTOR is a visitor registration system that reads visitors' IDs and compares information to a national sex offender database. When IDs are scanned, only the name, date of birth and photo are collected. No additional data is gathered. If a match is found, BCCYMCA Directors will be notified via text and the individual will be required to leave the campus immediately. If no match is found, BCCYMCA will print a visitor's pass.

It is a requirement of being on our campus for all adult staff, visitors, volunteers and guests aged 18 and over to:

- Check in at the designated place upon arrival
- Present government-issued ID
- Undergo a RAPTOR check
- Wear a BCCYMCA Visitor's Pass or wrist band on a visible location at all times

DAILY SCHEDULE

7:00-8:00 am	Early morning coffee at the Library
7:00 - 8:00am	Early morning activities
8:00am	Table setters to Dining Hall
8:15am	Breakfast
9:30 - 11:00am	Morning activities
11:00am	11 o'clock activities
12:15pm	Table setters to Dining Hall
12:30pm	Lunch
1:15-2:00 pm	Siesta
2:00 - 4:00pm	Afternoon activities
4:00 - 5:00pm	4 o'clock activities
5:45pm	Table Setters to Dining Hall
6:00pm	Dinner
7:00pm	Evening activities
9:00pm	Snack at the Dining Hall
10:00pm	Quiet hours

PARKING – CHANGES IN 2018

We have changed road access throughout camp this year. The main entrance road is now closed at Paul Dudley White Hall (the old dining hall). We are working hard at beautifying the camps, and part of this includes making the Frontier Green continuous between the cabins and the waterfront. Please park at Moose Field. Please do not attempt to drive to your cabin. Staff and carts will be available to assist with moving luggage to cabins. If you need to drive to Gibson Hall, you will need to first discuss this with staff at the Dining Hall.

HOUSING

Housing assignments can be found on the cover letter with this program guide. You can rest assured that our staff have worked very hard and taken all housing requests into consideration, attempting to satisfy all our Becket Family

Camp guests. Occasionally we make modifications to guest housing assignments. You will be notified prior to arrival if your housing assignment has changed.

GUESTS

We would love for you to bring guests to Becket Family Camp, but they must be registered in order to attend. The best way to register guests is to complete the Guest Registration Form, available online. Registration and full payment must be received by August 1, 2018. Unfortunately, we cannot accept unregistered guests at Becket Family Camp.

PROGRAM/SCHEDULE

Upon check-in at the Becket Dining Hall, you will receive a final schedule of the programs and activities offered for the week, camp maps, emergency information and fun stuff! Each year we craft our schedule to reflect the unique skills our staff bring and for optimum smiles all around.

Indeed, many of our Becket Family Camp guests have their own skills and activities they may like to share with the family camp community. If you have ideas for an activity, or would like to run your own workshop or activity, please email Kayleigh at klutz@bccymca.org. This will allow us to put your activity on the schedule and make sure there is a space available for you. Remember, we will need to make decisions on what activities we will allow our guests to run based upon safety standards, ACA standards and the Massachusetts Department of Health codes.

CHILDREN AND YOUTH GROUPS

This year we have divided our child and youth groups as follows:

- Straight Arrows 4-5 year olds
- Trail Blazers 6-8 year olds
- Dream Team 9-12 year olds
- Becket's Best 13 years and older

Programs have been specifically designed for each age group. Each day's activities will be posted at breakfast. Children 3 and under are welcome at any of our family programs, but an adult must attend to provide supervision for that child.

ACTIVITY OFFERINGS

There are always different activities, and the activities we may be able to offer this year include:

- Nature Hikes
- Meditation
- Stargazing
- Sauna
- Climbing
- Iroquois Beach Evening Gathering
- Carnival!
- Four-Way Soccer
- Forest Ecology & Tree ID
- Tie -Dye *Bring your own clothing or material to dye
- Morning Yoga
- Beaver Ecology
- Kayaking and Canoeing Clinics
- Night Experience
- Family Low Ropes
- Pond and Wetland Study & Exploration
- Challah baking
- Zip Line!
- Woodshop
- JY-15, Aqua Finn/Sunfish Sailing
- Capture the Flag
- Outdoor Movie Night
- Sailing Clinic
- Polar bear Swim
- Family-led activities
- Off-site hikes
- Ping Pong tournament
- Ceramics
- Arts and Crafts
- Daily Morning Coffee Tasting & chat
- Square Dance
- Special Musical Guest

WATERFRONT & YACHT CLUB

Swimming and boating activities will be offered throughout the week. Swimming & boating are not permitted at any time without a qualified BCCYMCA Lifeguard present. The only area of Rudd Pond designated for Becket Family Camp swimming is at the Main Waterfront. Families must swim in an area suited to their ability. Please ask an on-duty staff member if you have any questions about the zoning of swim areas. You will be required to check in and out of the swim areas.

- Please listen carefully to waterfront staff and their instructions whilst at the waterfront. Waterfront staff have the right to close the waterfront to one or all Becket Family Camp guests depending on weather, behavior or any other circumstance.
- All Swimmers are required to take a swim assessment without a PFD and will be issued a swim tag corresponding to their swim level. All Red Tag swimmers (non-swimmers or those assigned to the shallow section) will be fitted with a Coast Guard Approved PFD. Becket Family Camp provides Coast Guard approved PFDs in a range of sizes. You may bring a Coast Guard approved PFD from home to wear. This PFD must be free from tears, holes or mold, fit properly and be inspected by a Becket Family

Camp Lifeguard. If a family brings a PFD for a child under 18, the child will be required to wear that PFD at all times when swimming.

- Canoes, kayaks and some yachts are available to Becket Family Camp guests at times indicated on the schedule. Boating activities may only occur at times indicated on the schedule. All boating participants must wear PFDs (life jackets) at all times.
- The Rope Swing may only be used under the supervision of a BCCYMCA Lifeguard.
- The Sauna will be open at times indicated on the schedule. Please observe the rules posted before using the sauna. Children under 12 must be supervised by an adult. Children under 6 are not permitted to use the sauna. Children may not add wood to the fire at any time. If you require a quick dip in the lake when using the sauna, a qualified BCCYMCA Lifeguard must be present. One will be scheduled at the times indicated on the schedule.

ADVENTURE ACTIVITIES – CHALLENGE COURSES, CLIMBING TOWER, ALPINE TOWER, BOULDERING ROOM

Various activities utilizing the challenge courses will be offered throughout the week. Entry to the Challenge Course RAA is only permitted with the accompaniment of an authorized BCCYMCA Staff Member.

Children must be the following ages to participate in any of our adventure activities. There are no exceptions.

- Low Ropes and Climbing Tower – finished 2nd grade or higher
- High Ropes and Alpine Tower – finished 6th grade or higher

DINING

At Becket Family Camp, meals are served at 8:15am, 12:30pm, and 6:00pm. All families eat together and mingle in the Dining Hall, seating eight people at each table. We will say grace before each meal and have announcements at the end of each meal.

- A table setter for each table should arrive 15 minutes before each meal. (The Dining Hall bell will ring as a summons.)
- We prepare vegetarian alternatives for those who indicated that they were vegetarians on their original registration form. If you have any special dietary concerns or allergies that you wish to discuss, please call us more than two weeks prior to the program. We may not be able to accommodate certain dietary needs. We may not be able to accommodate requests within two weeks of Family Camp.
- Snacks will be offered in the Dining Hall each evening at 9:00pm. Remember to bring additional snacks if anyone in your family might need something to eat between meals.

HOUSEKEEPING

Our cleaning staff will clean the wash houses and restock them daily. It would be helpful if Becket Family Camp guests could assist in keeping these and other “common areas” clean throughout the week. Cabins are not cleaned by BCCYMCA staff during your stay, but dustpans and brooms should be found inside each one. If you need an additional dustpan or broom, please approach a BCCYMCA staff member who will be glad to assist. Throughout your stay, if something is not satisfactorily clean, please bring this to our attention right away.

SMOKING AND ALCOHOL

Smoking is only permitted in the designated smoking area by the wastewater treatment center. Please dispose of cigarette butts appropriately and remember, smoking is not permitted in any of the camp buildings. Alcohol is discouraged at Family Camp. This is a family program and we encourage guests not to bring alcohol or to use alcohol in moderation so that guests of all ages may enjoy this program. Use of illegal drugs is not permitted.

THE CAMP STORE

The store is located in the Dining Hall and hours of operation will be listed in your schedule. The store has clothing items, souvenirs, candy, toiletries and batteries.

EMERGENCIES AND MEDICAL CARE

In the unlikely event of a medical emergency, please call 911 and then call the BOC Emergency Number found in the lodges and on the schedule. If an injury requires medical assistance, please use local emergency response system

(911) for transportation to higher level medical care. BCCYMCA does not provide medical care and only has on hand basic first aid supplies such as Band-Aids. As we do not dispense medications of any kind, please bring your own aspirin/pain reliever if you feel you may need it. If you forget, we do sell some medications in our store.

ACCREDITATION

The American Camp Association (acacamps.org) accredits Becket-Chimney Corners YMCA. Our organization complies with all regulations of the Massachusetts Department of Public Health.

OTHER PROGRAMS - Please visit bccymca.org to book or learn more about the programs we offer.

- Fall Foliage Family Camp October 5-8, 2018
- Women's Wellness Weekends September 28-29, 2018, January 25-27, and February 8-10, 2019

Please visit bccymca.org to book or learn more about these wonderful programs we offer.

PACKING FOR FAMILY CAMP

Becket Family Camp is largely an outdoor experience. Therefore, being prepared is vital for a comfortable and successful visit. Don't bring your best clothing, bring old garments which are suitable for the season.

- Even though it is late August, it is still the Berkshires! It can be hot or cool. Please bring a jacket and warm clothing.
- Remember that our cabins have no electricity; therefore a good flashlight is recommended.
- BCCYMCA provides only basic first aid supplies such as Band-Aids. We do not dispense medication. Please bring your own acetaminophen or ibuprofen if you anticipate needing it. We may have individual doses of some medications available in the camp store.
- We only serve one snack per day, at 9:00 PM, in the Dining Hall. You will need to bring your own snacks for the rest of the day. Please keep in mind the "Wild Animal Factor." Wild animals love snacks too so keep your food (and food waste) packed safely away in a sealed plastic container or your vehicle when you're not eating it.
- Labeling your belongings with your name is a wonderful idea.
- Please do not bring anything of significant value to camp. BCCYMCA is not responsible for any valuables. Don't bring large sums of money, phones, sports equipment, electronics, pets, games or jewelry. Weapons, drugs and alcohol are not permitted at BCCYMCA.

RECOMMENDED PACKING LIST

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| • Warm clothing (fleece jacket) | • Insect repellent | • Toys/games for young children |
| • Cool clothing (tee shirt, shorts) | • Sunscreen | • Lawn chair(s) |
| • Sun Hat | • Sleeping bag and/or sheets and several blankets | • Shirt or other items for tie-dying |
| • Long pants | • Pillow | • Snacks (pack in plastic box with a lid if you plan to keep in your cabin) |
| • Socks & undergarments | • Flashlight with extra batteries | • Bicycles – Helmets must be worn by all cyclists at all times on our property |
| • Sneakers & boots | • Toiletries | • Battery Operated Reading Light (or Headlamp) |
| • Windbreaker | • Camera | |
| • Raincoat | • Reading material | |
| • Flip Flops or Sandals | • Games & cards | |
| • Day pack | • High chair or booster seat | |
| • Water bottle | | |
| • Swimsuit | | |
| • Towels | | |

TRAVEL DIRECTIONS

Set your GPS - 62 CAMP BECKET ROAD, BECKET MA

*Please note that Hamilton Road between Route 20 and YMCA Road is a narrow dirt road not suitable for buses and other large vehicles.